

# OCTOBER

**Date:** October 5, 2015

**Time:** 4:30 PM

**Place:** First Baptist Church Parlor, 4000 Grant, Groves

**Meditation:** Christina Puente (Donna Cole)

**Hostesses:** \* Marlyn Trahan, Tanya Davis, Crystal Werkheiser, Mary Jarrell

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**Program Purpose:**

- To UNITE women educators of the world in genuine spiritual fellowship.
- To STIMULATE the personal and professional growth of members and to encourage their participation in appropriate programs of action.

**Program Title:** Staying Healthy as Educators

**Program Summary:** Jason Hunt, a local chiropractor in Nederland, will present the membership lifestyle tips and ways to maintain good health and good posture while relieving stress. With simple lifestyle changes from Dr. Hunt, members will be able to face the new school year with a positive, healthy outlook.

**Program Facilitators:** Susan Daigle and Denise Standley

**Music:** *The Delta Kappa Gamma Song*